






Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL	3 Benefit Bar Fruit Milk	4 Yogurt Parfait & Homemade Muffin Fruit Milk 	5 Pancake on a Stick Fruit Milk	6 Cinnamon Roll Fruit Milk
9 Cereal & Cheese Stick Fruit Milk	10 Cream Cheese Stuffed Mini Bagels Fruit Milk	11 Yami Yogurt & Homemade Muffin Fruit Milk 	12 Waffle Fruit Milk	13 Cinnamon Roll Fruit Milk
16 Cereal & Cheese Stick Fruit Milk	17 Breakfast Pizza Fruit Milk	18 Yogurt Parfait & Homemade Muffin Fruit Milk 	19 French Toast Fruit Milk	20 NO SCHOOL
23 Cereal & Cheese Stick Fruit Milk	24 Biscuit & Gravy Fruit Milk	25 Yami Yogurt & Homemade Muffin Fruit Milk 	26 Pancake on a Stick Fruit Milk	27 Cinnamon Roll Fruit Milk
30 Cereal & Cheese Stick Fruit Milk	31 Pancake Sandwich Fruit Milk	 **Salad Bar Featuring Local Produce Available at HMS & HHS - Offered Daily** Remember To Submit Your Meal Benefits Application Today!		

Dairy is this month's Harvest of the Month. Did you know...

- There are six main dairy cattle breeds in the United States, including: Holstein, Ayrshire, Brown Swiss, Milking Shorthorn, Guernsey, and Jersey. The Holstein cow produces the most milk of all breeds, about nine gallons of milk per day!
- In 2015, Montana was home to approximately 13,000 dairy cows on nearly 65 dairy farms. The average herd size was about 210 cows in Montana.



To learn more about Montana Harvest of the Month visit:
<https://mtharvestofthemonth.org/>



Hungry for more information?



www.montanafoodformontanakids.com

**OUR FARMERS.
OUR FOOD.
OUR FAMILIES.**

