





Monday	Tuesday	Wednesday	Thursday	Friday
2 <b>NO SCHOOL</b>	3 <b>Beef &amp; Cheese Burrito</b> Refried Beans Fruit Milk	4 <b>Orange Chicken</b> Brown Rice Fruit & Vegetables Milk	5 <b>BBQ Pulled Pork Sliders</b> Baked Beans Fruit Milk	6 <b>Pizza Rippers</b> Fruit Vegetable Milk
9 <b>Egg Rolls</b> Fried Rice Fruit & Vegetable Milk	10 <b>Meatball Sub</b> Vegetable Fruit Milk	11 <b>Pancakes &amp; Sausage</b> Hash Brown Fruit Milk	12 <b>Hot Ham &amp; Cheese Sandwich</b> Vegetable Fruit Milk	13 <b>Calzone</b> Fruit & Vegetable Milk
16 <b>Bronc Burger</b> Fries Fruit Milk	17 <b>Spaghetti</b> Breadstick Fruit & Vegetable Milk 	18 <b>Chicken Fajitas</b> Refried Beans Fruit Milk	19 <b>Turkey &amp; Cheese Sandwich</b> Fruit & Vegetable Chips & Snack Milk	20 <b>NO SCHOOL</b>
23 <b>Corn Dogs</b> Baked Beans Fruit Milk	24 <b>Homemade Twisty Chicken Alfredo</b> Breadstick Fruit & Vegetable Milk 	25 <b>Chicken &amp; Waffles</b> Fruit & Vegetable Milk	26 <b>Grilled Cheese &amp; Tomato Soup</b> Fruit Milk	27 <b>Pizzadilla</b> Fruit Vegetable Milk
30 <b>Chicken Sandwich</b> Sweet Potato Fries Fruit Milk	31 <b>Homemade Local Beef Nachos</b> Refried Beans Fruit Milk 	 <b>**Salad Bar Featuring Local Produce Available at HMS &amp; HHS - Offered Daily**</b> Remember To Submit Your Meal Benefits Application Today!		

### Dairy is this month's Harvest of the Month. Did you know...

- There are six main dairy cattle breeds in the United States, including: Holstein, Ayrshire, Brown Swiss, Milking Shorthorn, Guernsey, and Jersey. The Holstein cow produces the most milk of all breeds, about nine gallons of milk per day!
- In 2015, Montana was home to approximately 13,000 dairy cows on nearly 65 dairy farms. The average herd size was about 210 cows in Montana.



To learn more about Montana Harvest of the Month visit:  
<https://mtharvestofthemonth.org/>



### Hungry for more information?



[www.montanafoodformontanakids.com](http://www.montanafoodformontanakids.com)

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OUR FOOD.  
OUR FAMILIES.**



**HAMILTON SCHOOL DISTRICT #3  
FARM TO SCHOOL**